

School Holiday Gymnastics Program 2024

Schedule

Holiday Program Dates

Monday to Friday

Jan 15th – 19th

April 15th - 19th

July 8th – 12th

Sept 30th – Oct 4th

Registration Sign in from

8.30am to 9am

Collection Time at

12:30pm for half day or 4pm
for full day

Cost

Half Day \$55.00

(5 DAY DISCOUNT \$250)

9am to 12.30pm

Full Day \$75.00

(5 DAY DISCOUNT \$350)

9am to 4pm

(Confident swimmers only)

Numbers are limited!

**Contact Administration
for Bookings or use our
Online Booking Portal**



Scan the QR
Code to
access the
online portal

**Payment required upon
enrolment.**

Contact

9846 1270

www.chfac/gymnastics.com.au

gymnastics@chrg.com.au

Recreation Holiday Fun in Gymnastics

Come for a Half Day, Full Day or the entire week to our School Holiday Gymnastics Program.

Children aged 5 (**must be attending primary school**) to 12 years are invited to join in for a fun filled time at our Gymnastics Centre. Staffed by Qualified Accredited Gymnastics Coaches, all of which have undergone the relevant Working with Children Check. This program includes Gymnastics Skills, Trampoline, Games and Swimming in our Aquatic Centre for those who attend the Full Day Program. Morning Tea and Afternoon Tea are provided for the complete holiday experience.

(For children attending FULL DAY: You are required to bring swimwear and lunch. Please avoid providing food with nut products, e.g. Nutella, Peanuts, etc.)

Program Structure

9am	Free Time in the Foam Pit, Games, Stretch
9:45am	Gymnastics Strength Circuits
10:30am	Morning Tea (provided)
11am	Gymnastics Circuits
12:30pm	Half Day Children Leave / Full Day Children have lunch
1:30pm	Swimming in Castle Hill Aquatic Centre (<u>confident swimmers only</u>)
2:30pm	Afternoon Tea (provided)
3pm	Games, Obstacle Course, Free Time in Foam Pit
4pm	Full day Children Leave



Castle Hill Gymnastics

77 Castle Street, CASTLE HILL NSW 2154

9846-1270