

# School Holiday Gymnastics Program 2020

\*\*\*\*\*NOW WITH THE FUN POOL INFLATABLE IN SWIMMING FOR FULL DAY PARTICIPANTS\*\*\*\*\*

## Schedule

### Holiday Program Dates

Monday to Friday

January 13<sup>th</sup> to 17<sup>th</sup>

April 13<sup>th</sup> to 17<sup>th</sup>

July 6<sup>th</sup> to 10<sup>th</sup>

Sept 28<sup>th</sup> to Oct 2<sup>nd</sup>

Registration Sign in from

8.30am to 9am

Collection Time at

12:30pm or 4pm

## Cost

**Half Day** \$45.00

5 DAY DISCOUNT \$200.00

**9am to 12.30pm**

**Full Day** \$65.00

(Competent swimmers only)

**9am to 4pm**

5 DAY DISCOUNT \$300.00

**Numbers are limited!**

**Contact our**

**Administration for**

**Bookings.**

**PAYMENT REQUIRED  
UPON ENROLMENT**

**Enrolment Form**

**Available upon request**

**Contact**

Gymsports Administration

9846 1270

www.chfac.com.au

gymnastics@chrslgroup.com.au

## Recreation Holiday Fun in Gymnastics with the Inflatable in the Aquatic Centre

**We have now added our Pool Inflatable in the swimming time for Full Day participants!**

Come for a Half Day, Full Day or the entire week to our School Holiday Gymnastics Program.

Children aged 5 (**must be attending primary school**) to 12 years are invited to join in for a fun filled time at our Gymnastics Centre. Staffed by Qualified Accredited Gymnastics Coaches, all of which have undergone the relevant Working with Children Check. This program includes Gymnastics Skills, Trampoline, Games and Swimming in our Aquatic Centre for those who attend the Full Day Program. Morning Tea and Afternoon Tea are provided for the complete all round holiday experience.

(For children attending FULL DAY: You are required to bring swimwear and lunch. Please avoid providing food with nut products, e.g. Nutella, Peanuts, etc.)

### Program Structure

9am	Free Time in the Foam Pit, Games, Stretch
9:45am	Gymnastics Strength Circuits
10:30am	Morning Tea (provided)
11am	Gymnastics Circuits
12:30pm	Half Day Children Leave / Full Day Children have lunch
1:30pm	Swimming & Inflatable in Castle Hill Aquatic Centre <a href="#"><u>(confident swimmers only as this is in the big pool)</u></a>
2:30pm	Afternoon Tea (provided)
3pm	Games, Obstacle Course, Free Time in Foam Pit
4pm	Full day Children Leave

